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Thank you for joining us today!!

This Autism & Housing series is brought to you by the Autism Friendly Community collaboration of Autism McLean, Marcfirst, IWU Autism peer group, Friends of TAP, and HEAL Foundation.



Let's talk about
Local Housing & Autism:
Current Services & Plans
March 19, 2019

"a place for me"





Agenda

- Welcome/Introduction
- Panel Presentations—current services & plans
 - Where does a parent start? (CCRPC)
 - Current Housing: 3 Local Residential Providers
 - Bloomington Housing Authority
 - Marcfirst
 - Homes of Hope
 - Community development plans/CDBG funds
- Break
- Q&A Discussion
- What's next




Notes and Questions

Worksheet for your notes

- Agenda, panelist names and agencies
- Your notes to keep

Cards to write questions for panelists Q&A


- What questions do you have?
- Write **one question per card**.
- We will collect these at the break.



February 19th, 2019 - Your Feedback

3 handouts:

- 1) Summary of Feedback (Table Group Charts)**
- 2) Major Take-Aways — Common Concerns**
 - Safety, respect, dignity of residents
 - Staff: training, capacity, communications
 - What are local residential options?
 - 24-hour response, connections
 - Compatibility, finding right fit
 - Parent support, networking, respite
 - Quality of life for residents
 - Funding streams, navigating the system
- 3) What we can do — actions and ideas for the future!**



Today's panel:
Current state - Local Housing

Where to start.

Local Providers

- What type of housing do you provide?
- Who do you serve?
- What are your services?
- What are your future plans?

Understanding future funding

- Community development planners
- Community Development Block Grants (CDBG)



Champaign County Regional Planning Commission

Angela Yost

Independent Service Coordinator



Who do you serve?

- The CCRPC Independent Service Coordination (ISC) team serves individual with intellectual & developmental disabilities and their families/guardians.
- We currently cover Champaign, Ford, and Iroquois counties, but will be expanding in July of this year to also cover McLean, Woodford, Tazewell, Marshall, Livingston, Mason, Putnam, Bureau, LaSalle, and Vermilion counties as well.



CCRPC ISC Programs

- Prioritization of Urgency of Need for Services (PUNS)
- Pre-Admission Screening (PAS)
- Individual Service and Support Advocacy (ISSA)
- *In Champaign County*- Decision Support Person Centered Planning (Funded by CCDDDB)
- *In Champaign County*- Transition Consultant Services (Funded by CCDDDB)



What is PUNS?

- PUNS is the Statewide database that records information about individuals who have developmental disabilities who are potentially in need of services
- DHS uses the data to select individuals for services as funding becomes available, to develop proposals and materials for budgeting, and to plan for future needs.
- *This is the gateway into Medicaid-Waiver funded services in the state of Illinois.*



How do I enroll for PUNS?

- Contact your ISC for registration on the PUNS.
- The initial PUNS enrollment must be completed in person with an ISC.
- Once enrolled, the PUNS paperwork is updated annually, but can be more frequent if circumstances change.



PUNS Categories

- **Seeking Services** (*Person needs services within 1 year*)
- **Planning for Services** (*Person does not need services for at least a year or the caregiver is older than 60 years old*)



How does the PUNS selection work?

- Individuals are now selected from PUNS based on length of time on PUNS
 - The time clock does not start ticking until the individual is in the seeking services category AND is at least 18 years of age.
 - DHS is not currently conducting PUNS selections for individuals under the age of 18, however, we always encourage families to put their loved ones on the PUNS early in case this changes.



Pre-Admission Screening (PAS)



Pre-Admission Screening (PAS)

- PAS is completed by the ISC when:
 - Completing a crisis packet for Medicaid Waiver funding
 - Individual is selected from the PUNS
 - Assessment of individual with a developmental disability who wants to live in a nursing facility
 - Assessment of an individual who wants to live in an intermediate care facility (ICF/DD). This individual does not need to be selected from PUNS.



Individual Service and Support Advocacy (ISSA)



Responsibilities of the ISSA

- For those receiving Medicaid waiver services-
 - Monitor the general health, safety, and well-being of individuals receiving waiver funded services
 - Completion of the Discovery process and development of the Person Centered Plan (PCP)
 - Conduct follow up on critical incidents
 - Provide conflict free case management services



Future Plans for CCRPC

- CCRPC is currently 1 of 17 ISC agencies in the state of Illinois.
- In July, the number of ISC agencies in the state will be reduced to 8. CCRPC will expand from serving 3 counties to 13.
- CCRPC is hoping to expand the Decision Support Person Centered Planning program funded through the Champaign County Developmental Disabilities Board next year as well. This program will provide Person Centered Planning & Conflict Free Case Management to all individuals within Champaign County currently on the PUNS waiting list.



Contact Information

Please feel free to reach out to us with any questions that you might have:

Angela Yost, Independent Service Coordinator

Email: ayost@ccrpc.org

Phone: (217)531-8267

Katie Harmon, ISC Program Manager

Email: Kharmon@ccrpc.org

Phone: (217)531-8265

Thank you!



Bloomington Housing Authority Congregate Housing Services Program

Jennifer Mayer

CHSP Service Coordinator



Who do you serve?

- We provide services to **25 adults** with disabilities who are determined eligible by the Service Coordinator and by the Professional Assessment Committee (PAC).
- Participants live in the secured **Irvin apartment buildings** at 823 W. Oakland and 810 W. Jackson.
- Participants must be **semi-independent** and must have achieved a level of independent functioning as determined by PAC.
- All participants are required to be involved in **activities** that take them out of the buildings to ensure they are active in the community.



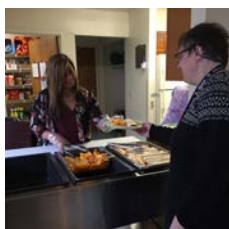
What type of housing do you provide?

- Each participant lives in their own **one-bedroom** apartment.
- **Hot breakfast** is served in the congregate dining room Monday through Friday. **Hot dinner** is served every evening in the dining room. **Cold sandwiches, fresh fruit and vegetables** are always available.
- We also have a large **community room** for group activities.
- There is a **laundry room** in each building as well.
- Two full-time **staff** work Monday through Friday 8am-5pm. One part-time staff works on weekends.



What are your services?

- Meal Services
- Personal Assistance
- Health Services
- Housekeeping Services
- Transportation Services
- Case Management/
Service Coordination



What are your future plans?



- Always looking to improve our program!
- Recently added computer stations to each building to encourage independence in using resources to find answers, job search and practice internet safety.
- Staff recently trained in Health Matters Curriculum and lead a 12-wk program. Would like to add more healthy living programs on a regular basis.
- Looking to expand the opportunities we have for participants to engage in group activities.
- Updating our apartments and community spaces is something we are working towards over the next few years.



Marcfirst
Laura Furlong
 CEO
Rebecca Brennan
 Vice President of Residential and Quality Assurance




Who do you serve?

- Marcfirst supports people with developmental disabilities and families in McLean County with opportunities to reach their full potential through a lifetime of meaningful supports.
- **Three types of residential services:**
 - 24-hour CILA
 - Intermittent
 - Host Home

CILA (Community Integrated Living Arrangement)




What type of housing do you provide?

Marcfirst – 24-Hour CILA (Community Integrated Living Arrangement)

- Waiver-based funding, or private pay, must be **18 or older** and have a **developmental disability**.
- Marcfirst provides CILA supports in **2 apartment settings, 4 duplexes and 4 houses**.
- Settings range from **4-8 people** dependent on the site.
- All 24-hour CILA sites have **overnight staff** awake all night.
- Each person in the 24-hour setting **has their own bedroom**.
- Marcfirst has **Nursing Staff** available 24 hours a day and Behavioral Specialist Supports.

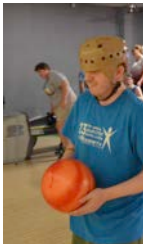




What type of housing do you provide?


Marcfirst – 24-Hour CILA (Community Integrated Living Arrangement)

continued...


- Individuals are able to participate in other programs that Marcfirst has:
 - ie: Customized Employment, Job Development, ROAM, Wellness, Friendsfirst, ROAM, Specialized Meal plans, Adult Day Program, Marcfirst Melodies, Marc Making
- Individuals living in CILAs are able to participate in community programs such as SOAR, Special Olympics.

Marcfirst – Intermittent CILA
 (Partners with the Congregate Housing Services Program (CHSP))



- This program offers at minimum **15 hours** of support per week based on the needs of the person receiving the service.
- Services are **in home and staff are on site** at different times throughout the day depending on the needs of person receiving the services.
- There are **no overnight staff on site**.
- Staff supports **focus on Wellness**, including healthy living and medication management, Community Supports, Assistance with Medical appointments and scheduling appointments, Adult Daily living skills and Money Management.



Marcfirst — Host Home Program

Our Host Home program assists individuals with developmental disabilities of all ages in McLean County with finding a home designed to encourage **independence in a family environment**.

Host Home Providers open their homes up to individuals supported, allowing the individuals to be immersed in both community and family life.

Individuals are matched with a Host Home Provider based on a variety of likes and dislikes.

- Host Home offers a provider compensation of service, paid time off, and **specialized training**
- Provides person receiving services an enhanced quality of life through **one on one supports** by helping a person achieve their goals, create relationships within the community and live more independently.



Who provides services?

Our services are provided by **Direct Support Professionals (DSP)** and **Qualified Intellectual Disability Professionals (QIDP)**. The training staff receive is rigorous curriculum mandated by the Department of Human Services.



DSP's and QIDP's are people who assist an individual with a disability to

- lead a self-directed life and contribute to the community,
- assist with activities of daily living if needed, and
- encourages attitudes and behaviors that enhance community inclusion.



What are your services?

Marcfirst offers a variety of **socialization** activities and opportunities through several of the programs including:

- **Adult Day Program** which is a Medicaid Waiver program that meets Monday-Friday 9am-2:30pm
- **Friendsfirst** a popular program where people can develop new friendships, learn new skills, talk about current events, and explore the creative arts.
- **ROAM** (Recreational Opportunities at Marcfirst) a therapeutic recreation program that promote leisure, social and developmental skills
- **Marc Making** a program that aims to create an inclusive and creative environment of collaboration through supporting individuals' self-expression while participating in the Bloomington-Normal fine arts community and beyond.



What are your services?

- **Wellness** – a program partnered with Advocate BroMenn Health & Fitness Center and the McLean County Health Department for a unique opportunity to improve health and wellness amongst people with developmental disabilities.
- **Residential**
- **Supported Employment**
- **Transition**
- **SPICE**

Each person has a **person-centered plan** created uniquely to support what they want with their future and the plans are overseen by a case manager.



What are your future plans?

- We hope to continue to provide meaningful supports to individuals with developmental disabilities.
- Learn from community members and individuals supported on the specific needs of the community, so that we can grow and change as needed.



Laura Furlong
CEO

Rebecca Brennan
Vice President of Residential and Quality Assurance

www.marcfirst.org

ph 309-451-8888

www.facebook.com/MarcfirstMcLeanCounty

Agenda

- Welcome/Introduction
- **Panel Presentations—current services & plans**
 - **Where does a parent start? (CCRPC)**
 - **Current Housing: 3 local residential providers**
 - Bloomington Housing Authority
 - Marcfirst
 - Homes of Hope
 - **Community development plans/CDBG funds**
- **Break – 10 minutes**
- Q&A Discussion
- What's next



Homes of Hope

Maureen Wyhs
Executive Director



Who do you serve?

- Adults with an Intellectual Disability acquired by age of 18.
- (People with Down syndrome, Autism, cerebral palsy, Fragile X, unknown causes, epilepsy, brain injury from illness, trauma or malformation).
- We currently serve males and females in 5 agency owned homes. 2 all male homes and 3 all female homes.



What type of housing do you provide?

- 24 hour CILA homes (Community Integrated Living Arrangements) regulated by DHS, Rule 115.
- Neighborhood homes
- Each Resident has own bedroom.
- Each home has own van or vehicle.



What are your services?

- **24 hour CILA services** provided by Direct Support Professionals (DSP). Residents' case managers are known as Qualified Intellectual Disability Professionals (QIDPs) or "Qs".
- Provide Meaningful lives to enhance independence In areas of Life Skills & Community Living.
- **At Home Day program** – for Residents unable to attend Developmental Training site or job site.
- **DSPs provide support/assistance/training** with medication administration, health monitoring, health appointments, meal preparation, personal hygiene, home/outdoor chores and task, & community activities.



What are your future plans?

- Intermittent CILA
- Continue to support people in our 24 hour CILA homes with potential to expand.



Community Development Planning

Jennifer Toney
Grants Coordinator
City of Bloomington

Taylor Long
Associate Planner
Town of Normal

McLean County Regional Planning Commission--
Citizen Survey:
<https://mcplan.org/news/article/2019/03/survey-for-housing-and-community-development-needs-in-bloomington-normal>



COMMUNITY DEVELOPMENT BLOCK GRANT (CDBG)

City of Bloomington/Town of Normal

What is CDBG?

- **Entitlement funding from the US Department of Housing and Urban Development**
 - Available to all cities in US with a population of 50,000 or more
 - Annual allocation is based on a formula applied to all entitlement communities
 - 2018 City of Bloomington allocation = \$552,026
 - 2018 Town of Normal allocation = \$414,891

How CDBG Helps Our Communities

- **CDBG provides funding for projects/activities that:**
 - Benefit Low and Moderate Income Persons
 - 70% of all CDBG dollars must benefit Low and Moderate Income Persons
 - 80% of Area Median Income (AMI)
 - Aid in the Prevention/Elimination of Slums or Blight
 - Meet an urgent need

What is Eligible for CDBG Funding?

- **Housing-Related Activities:**
 - **Down-payment assistance**
 - **Demolition/Clearance for new housing**
 - **Infrastructure for new and existing housing**
 - **Rehabilitation**
 - Single-family rehab
 - Multi-family rehab
 - Property acquisition for rehab
 - Not-for-profit owner rehab
 - **New Construction**

What is Eligible for CDBG Funding?

- **Public Service Activities:**
 - Job-skills training
 - On-site staffing
 - Case management/Counseling
 - Independent living education
- **Public service funding is capped at 15%**

CDBG Planning Process

- **5-Year Consolidated Plan**
 - Next plan starts in 2020
 - Will outline community goals and funding priorities for 2020-2024
 - Citizen participation/outreach key to a solid plan
 - Outreach begins NOW!

CDBG Contacts	
City of Bloomington	Town of Normal
Jennifer Toney	Taylor Long
Grants Coordinator	Associate Planner
jtoney@cityblm.org	454-9642
434-2342	tlong@normal.org

Let's talk about
Local Housing & Autism:
Q&A: **Questions for our Panel**
Moderator: Nikki Michalak, ISU



??????



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To be an Autism Friendly Community...

Welcome me

- Expand awareness, serve and support people with autism.
- Create social and civic engagement opportunities.

Learn with me

- Create educational opportunities.

Recreation for me

- Create recreation and leisure opportunities.

A Place for me

- Ensure safe, appropriate housing, neighborhood, and transportation.

Wellness for me

- Ensure appropriate healthcare and wellness.

Work with me

- Employ people with autism.




Save the Date!



Future Needs
& Goals
May 21st
6-8 pm
Normal Public Library



What can you do?
Join us for some dreaming, brainstorming, goal setting, and action planning

info@autismclean.org



Save the Date!



Future Needs
& Goals
May 21st
6-8 pm
Normal Public Library



info@autismclean.org



April is Autism Awareness Month! ●●●●●●

Don't miss these upcoming local events:

April 6 – Be a Hero Day / HERO Awards (HEAL Foundation)
 • 4:30 pm activities, 7:30 pm awards, ISU Alumni Center

April 10 – Temple Grandin (ISU)
 • 7 pm, Brown Ballroom, ISU Bone Student Center

April 16 – “Intelligent Lives” movie (Marcfirst, Autism McLean, IWU)
 • 6-8 pm, IWU Beckman Library Auditorium

April 30 - PUNS list – Supports (ROE, The Arc of Illinois)
 • 6 pm, The Chateau, Bonaparte Room
 • RSVP to Emily Kull at ekull@roe17.org



April is Autism Awareness Month! ●●●●●●

Fundraisers for Autism McLean:

April 2 – Portillo’s, 4-8 pm
April 13 – Pancake Fundraiser at Applebees’s, 8-10 am
April 13 – Chipotle, 4-8 pm
April 16 – Blaze Pizza, 5-8 pm
April 27 – Spider Saloff – jazz benefit for Autism McLean
 • 6 pm, Heartland Community College Astroth Auditorium
 • Tickets on sale at tinyurl.com/spidersalofftickets2019




Laura Furlong, CEO
Rebecca Brennan,
VP of Residential & Quality Assurance

www.marcfirst.org
 ph 309-451-8888

Like us on Facebook and Twitter!
www.facebook.com/MarcfirstMcLeanCounty

Join us April 10th at 6:30 am
“Reach your Potential”
 breakfast for Marcfirst
 at the DoubleTree
 RSVP to 309-451-8888



Training Opportunity 4-26-19



AUTISM TRAINING AND TECHNICAL ASSISTANCE PROJECT

Preparing Students with ASD for College and Career

There is no cost to attend, but registration is required

April 26, 2019
 9:30am - 2:30pm
 Holiday Inn & Suites
 3202 East Empire Street
 Bloomington, IL 61704

Lunch will be provided
 Fields marked with an * are required

Join us for a day of exploring resources, discussing strategies and engaging in dialogue around supporting students with ASD as they transition to postsecondary and the workforce.

April 27th – Jazz Benefit for Autism McLean
 • 6 pm, Heartland Community College – Astroth Auditorium
 • Tickets on sale at tinyurl.com/spidersalofftickets2019



Cabaret Icon
SPIDER SALOFF
 Sings the Great American Songbook
 Concert to Benefit Autism McLean
 April 27, 2019

Autism McLean

➔ info@autismmclean.org
www.autismmclean.org
 ph 309-661-9940

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